

# THE GALLEON

# SWIMMING TIMETABLE FRI 3 APRIL - SUN 19 APRIL

MONDAY			
TIME		Activity 1	Activity 2
6.45am	9.30am	Public	
9.45am	11.15am	Public*	
11.30am	1.15pm	Public*	
1.30pm	3.00pm	Public*	
3.30pm	5.00pm	Public	Lessons
5.00pm	7.00pm	Public*	Lessons
7.00pm	8.00pm	Adults Only	
8.00pm	9.00pm	KASC	Adults Only
9.00pm	10.00pm	KASC	SubAqua

TUESDAY			
TIME		Activity 1	Activity 2
6.30am	8.00am	Public	
8.15am	10.15am	Public Swim*	
10.30am	12.15pm	Public*	Aquatrim
12.30pm	2.15pm	Public*	
2.30pm	3.45pm	Public*	
4.00pm	6.45pm	Public*	Lessons
7.00pm	9.30pm	KASC	

WEDNESDAY			
TIME		Activity 1	Activity 2
6.45am	9.00am	Public	
9.15am	10.45am	Public*	
11.00am	1.15pm	Public*	Aquatrim
1.30pm	3.00pm	Public*	
3.30pm	5.00pm	Public*	Lessons
5.00pm	6.30pm	Public*	Lessons
6.30pm	9.00pm	KASC	Aquatrim

THURSDAY			
TIME		Activity 1	Activity 2
6.30am	8.00am	Public	KASC
8.15am	10.15am	Public*	
10.30am	12.15pm	Public*	Aquatrim
12.30pm	2.15pm	Public*	
2.30pm	3.45pm	Public*	
4.00pm	5.45pm	Public*	Lessons
6.00pm	9.45pm	KASC	

FRIDAY			
TIME		Activity 1	Activity 2
6.45am	9.30am	Public	
9.45am	11.15am	Public*	
11.30am	1.15pm	Public*	Aquatrim
1.30pm	3.00pm	Public*	
3.30pm	5.00pm	Public*	Lessons
5.00pm	6.30pm	Public*	Lessons
6.30pm	9.00pm	Public	

SATURDAY			
TIME		Activity 1	Activity 2
6.45am	9.00am	Public	KASC
9.00am	1.00pm	Public*	Lessons
1.15pm	2.45pm	Public*	
3.00pm	4.30pm	Public*	

SUNDAY			
TIME		Activity 1	Activity 2
8.30am	2.30pm	Public	Lessons
3.00pm	4.15pm	Public*	Lessons
4.30pm	5.45pm	Lane Swimming*	Jets

\* Advance booking is required to guarantee a space.

Small pool unavailable during lessons.  
Contact reception for more info.

